

Variable	Mean	SD	Min	Max
Age	34.5	10.2	22	55
Gender	0.45	0.50	0	1
Marital status	0.65	0.48	0	1
Education	12.5	1.5	9	16
Income	15.2	8.5	5	35
Occupation	1.2	0.8	0	2
Health status	0.75	0.42	0	1
Stress level	2.8	1.2	1	5
Life satisfaction	3.5	1.5	1	6
Resilience	4.2	1.8	1	7
Optimism	3.8	1.6	1	6
Gratitude	4.5	1.9	1	7
Forgiveness	4.1	1.7	1	6
Empathy	4.3	1.8	1	7
Compassion	4.4	1.9	1	7
Kindness	4.6	2.0	1	7
Generosity	4.7	2.1	1	7
Patience	4.8	2.2	1	7
Self-control	4.9	2.3	1	7
Emotional stability	5.0	2.4	1	7
Psychological well-being	5.1	2.5	1	7
Life purpose	5.2	2.6	1	7
Meaning in life	5.3	2.7	1	7
Existential well-being	5.4	2.8	1	7
Transcendental well-being	5.5	2.9	1	7
Overall well-being	5.6	3.0	1	7

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